

Breast Milk/Formula Policy

Breast milk and formula are designed to be the primary sources of nutrition throughout an infant's first year of life. Students in the Infant Program will be fed according to their individual feeding schedules or needs.

Both parents and SELA staff should follow the procedures below for all bottles:

1. You must supply milk in a separate bottle for each feed. For example, if your child eats 3 times per day, send in 3 bottles.
2. Glass bottles may not be used, all milk must be sent in plastic bottles.
3. The bottle should contain no more than the amount of milk the child would drink at one feeding.
 - a. breast milk and formula cannot be offered after one hour from the initial offering
4. We do not offer refrigeration and ask that you send breast milk or pre-mixed formula bottles in cooler or lunch bag with an ice pack. The bottles must be brought to the school in a clean, insulated container which keeps the prepared bottle at 45 degrees F or below.
5. Any unused milk will be sent back home for disposal.
6. Please provide large Ziplock bags for dirty bottles to prevent spilling, as we do not wash out the bottles or nipples.

Both parents and SELA staff should follow the procedures below for all **BREAST MILK** bottles:

1. The bottle must be labeled with the child's name as well as the date and time the milk was collected
2. Fresh, refrigerated breast milk must be used within 48 hours of the time expressed.
 - a. Frozen breast milk may be in a refrigerator freezer for 2 months or stored in a deep freezer at 0 degrees F for 6 months.
3. If your child drinks their bottles warm or room-temperature, please provide a container to warm the bottles labeled with your child's name (large plastic measuring cup, Tupperware container, plastic tumbler, etc.).
SELA does not use electric bottle warmers, crock pots, or any other devices to warm bottles.
 - a. Breast milk bottles will be warmed by either filling the container provided with warm tap water and placing the bottles in the water or holding the bottle under warm running tap water until it is brought up to the correct temperature.

Both parents and SELA staff should follow the procedures below for all **PRE-MIXED FORMULA** bottles:

1. Bottles must be labeled with baby's name, and the date the formula was mixed
2. Prepared formula must be used within two days after mixing
3. If necessary, pre-mixed formula bottles may be warmed by either placing the bottle in a container of warm tap water or holding the bottle under warm running tap water until it is brought up to the correct temperature.

Both parents and SELA staff should follow the procedures below for all **POWDERED FORMULA** bottles:

1. Bottles and formula containers must be labeled with baby's name
2. Parents should send in bottles filled with enough filtered water for each separate feed
3. Powdered formula should be sent in pre-measured and separated so that one serving can be mixed into each bottle of water (Please do not send in large containers of formula that must be measured out by staff)
4. Formula bottles mixed on-site will be served room temperature. If necessary, bottles may be warmed by either placing the bottle in a container of warm water or holding the bottle under warm running tap water until it is brought up to the correct temperature.