



# Infant Daily Schedule

Student Name \_\_\_\_\_ DOB \_\_\_\_\_ Current Age (in months) \_\_\_\_\_

Please return prior to your child's start date via email to: [egedirector@suescuola.com](mailto:egedirector@suescuola.com), or send a hard copy in with your child on their first day

**\*\*At this stage in an infant's life their schedules are changing so frequently, so for us to stay consistent at school with what you are doing at home, please send an updated version of this plan to the Director as often as your child's schedule changes. \*\***

### Bottles:

Is your child drinking bottles? (Please circle) YES NO

If yes, is your child drinking breast milk, formula, or whole milk? \_\_\_\_\_

How many ounces does your child drink at each feed? \_\_\_\_\_

\*(Please note that per EEC regulations each bottle sent in should have only enough milk/formula for one feed. Bottles will only be offered for *one hour* once it is started, and any unused milk will be sent home) \*

How often is your child drinking bottles? \_\_\_\_\_

How often, if at all, does your child typically need to be burped during a bottle? \_\_\_\_\_

Does your child spit up after feeding? YES NO

Does your child drink water from a sippy cup? YES NO How often? \_\_\_\_\_

### Meals:

Is your child eating food? (Please circle) YES NO

If yes, is your child eating only pureed food, a mix of pureed food and finger foods, or only finger foods? \_\_\_\_\_

Does your child have any known food allergies/sensitivities/aversions/preferences? YES NO

If yes, please explain: \_\_\_\_\_

What time of day, or how frequently does your child eat meals? (i.e. at 8:00, 12:00 and 3:00; every 4 hours; 1 hour after bottle, etc.) \_\_\_\_\_

Any other specific notes about bottles and/or meals: \_\_\_\_\_

\_\_\_\_\_

**Napping:**

How often does your child nap? \_\_\_\_\_ How long is a typical nap? \_\_\_\_\_

Does your child sleep with a pacifier? YES NO

\*(Please note that per EEC regulations pacifiers must be free from lanyards, cords, stuffed animals, or any other embellishments) \*

Does your child use a sleep sack, sleep suit, or nothing when napping? \_\_\_\_\_

Are there specific nap routines at home? \_\_\_\_\_  
\_\_\_\_\_

Where does your child nap at home? \_\_\_\_\_

How does your child fall asleep? (rocked, on their own, etc.) \_\_\_\_\_

**General Schedule**

Please give an overview of your child's daily schedule, and include specific times if applicable for bottles, meals, naps, etc.:

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Signature of Parent \_\_\_\_\_ Date \_\_\_\_\_