

COVID-19 QUICK REFERENCE GUIDE FOR SELA ELEMENTARY STUDENTS

UPDATED 8.22.22

1. STUDENT MASK POLICY

1. **Elementary Masking Requirements:** Masks are not required for SELA students or staff. Those wanting to wear a mask will be supported in their choice by SELA. Disposable masks are available at SELA for those wanting to have their child wear a mask. Student's may also bring their own disposable masks from home to wear.
2. See details for specific masking requirements under "Student Displays Exclusionary Symptoms", "Student is a Close Contact" and "Student Tests Positive for COVID-19"
3. Masking will be required while in the health office.

Important Details

Teachers are not permitted to force any child to wear a facial covering for any reason, regardless of parental consent.

2. STUDENT DISPLAYS EXCLUSIONARY SYMPTOMS

COVID-19 Symptoms List:

- Fever (100.4 Fahrenheit or higher), feeling feverish, having chills.
- Difficulty breathing or shortness of breath
- New loss of taste or smell
- New muscle or body aches ***not related to exercise**
- Cough (not due to other know cause, such as chronic cough) *when in combination with other symptoms*
- Sore throat, *when in combination with other symptoms*
- Nausea, vomiting*, or diarrhea* *when in combination with other symptoms*
- Fatigue, *when in combination with other symptoms*
- Headache, *when in combination with other symptoms*
- Runny nose or nasal congestion (not due to other known causes, such as allergies), *when in combination with other symptoms*

1. Any student experiencing any one of the symptoms **highlighted in bold** should not attend school and follow the testing protocols listed in protocol A to return to school.
2. Any student experiencing a combination of the symptoms (2 or more) **not bolded** should not attend school and follow the testing protocols listed in protocol A to return to school.

**If your child experiences vomiting and/or diarrhea, they should remain out of school for 24-hours from their last episode regardless of the need to have a COVID test or not. This is a standard health policy.*

3. STUDENT IS A CLOSE CONTACT

Close contacts are defined as individuals who have been within 6 feet of a COVID-19 positive individual while indoors, for at least 15 minutes during a 24-hour period. Please note that the at-risk exposure time begins 48 hours prior to symptom onset (or time of positive test if asymptomatic) and continues until the time the COVID-19 positive individual is isolated.

The policy below applies to both vaccinated and unvaccinated individuals that are exposed to an individual with COVID-19:

1. Student has been determined a “close contact” to a COVID-19 positive individual: Student may attend school as normal as long as they remain asymptomatic.
2. Parent/Student must conduct active monitoring for symptoms through day 10. If the student develops symptoms, they must stay at home and follow the testing protocols in protocol A for symptomatic individuals listed below.
3. Student must wear a mask while in school for 10 days, unless contraindicated due to a medical condition documented by the child’s health care provider. *Masks will be removed while outside or eating.
4. Student must be tested on day 6 in the morning prior to attending school. Results of the student’s test must be sent to your child’s school prior to the child being dropped off at school. (Results requested by 7:00 am for those attending AM extended and 7:45am am for all others.

4. STUDENT HAS A PENDING PCR COVID TEST

1. Student has a pending PCR COVID test for a routine medical appointment or procedure:
Student may attend school as normal.
2. Student has a pending PCR COVID test due to illness and/or exposure to COVID-19:
Student must remain at home until the test results are received.

5. PROTOCOL A FOR SYMPTOMATIC INDIVIDUALS

Students displaying any one major symptom, or a combination (2 or more) minor symptoms are required to remain at home and to be tested. Test results must be received by SELA prior to the student attending school.

Students presenting in school with any one major symptom or a combination (2 or more) minor symptoms will be sent home and a negative covid test will be required for the student to return to school. *Symptomatic individuals can remain in school if they have mild symptoms, are tested immediately on site (with parental consent on file) and that test is negative. Those who are able to mask will be strongly encouraged to do so until symptoms are resolved.

For symptomatic individuals, a second test will be required within 48-hours if the initial test is negative, and symptoms persist or worsen.

A rapid antigen test, such as a self-test, is preferred to a PCR in most situations.

**See instructions on submitting a photo of an at-home antigen test.*

6. PROTOCOL B: STUDENT TESTS POSITIVE FOR COVID-19

1. Inform the school nurse and/or director as soon as possible, within 24-hours of the positive test.
2. Student is required to remain at home and isolate through day 5 (*returning on day 6, see below*)
3. The date of the positive test for asymptomatic individuals or the start of symptoms for symptomatic individuals is counted as day 0.

Returning to School:

1. Student may return to school on day 6 if they are asymptomatic and/or symptoms are resolving, they have been fever free without the use of fever reducing medication for 24-hours, and they are able to reliably wear a mask through day 10. **Testing is not required.**
2. **Any student who is unable or unwilling to wear a mask consistently and correctly and/or parent does not want the child to wear a mask may return on day 6 with proof of a negative antigen test taken on day 5 or later.**
3. If a student continues to test positive, they may return to school once they received a negative test or have completed 10 full days of isolation, whichever comes first.

7. SUBMITTING AN AT HOME TEST TO THE SCHOOL

1. Child's full name must be clearly written on the test itself.
2. Date and time test was administered must be clearly written on the test itself.
3. Take a photo of the test. Photo must be clear and have adequate lighting.
4. Email the photo to selanurse@suescuola.com
5. Test results must be received by 7:00 am for students attending AM extended and 7:45 am for all others.

**Note if you are unable to write directly on the test due to the design of the test, please write the above information on a piece of paper and include in the photograph of the test.*