

COVID-19 QUICK REFERENCE GUIDE FOR Early Global Students

1. MASK POLICY

Masks are not required for Early Global students. Parents wanting their child, over age 2, to wear a mask must:

1. *Provide the school with consent to offer the mask*
2. *Send the child to school with a mask (no strings)*

Early Global students who have been exposed to COVID and are over age 2 are encourage to wear a mask when around others for 10-days. Please send your child to school with a mask on and email the nurse your consent.

2. COVID-19 SYMPTOMS

COVID-19 Symptoms List:

People with COVID can have a wide range of symptoms based upon their vaccination status, prior infections, and the variant of COVID. Listed below are the most common symptoms seen with COVID. It is important to know your child and their own body and if they appear sick, to test, especially if they are experiencing one of the symptoms in **red** and/or a combination of symptoms.

Common Symptoms

- **Fever or chills (100.4 degrees F or higher)**
- **Shortness of breath or difficulty breathing**
- **New loss of taste or smell**
- **Muscle or Body aches**
- Fatigue
- Headache
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea

3. COVID-19 EXPOSURE

If your child is exposed to COVID-19 and has **no symptoms**:

1. Attend school as normal.
2. Monitor your child for symptoms.
3. Masking is encouraged through day 10, for those over age 2.
4. Test if symptoms develop.

If your child is exposed to COVID-19 and **HAS or DEVELOPS any symptoms**:

1. Isolate them from others
2. Test them for COVID-19 (antigen test is acceptable)
3. If the test is positive, see below "COVID-19 Positive"
4. If the test is negative, return to school and *masking is recommended over age 2*.
5. If symptoms persist, repeat the COVID test in 48-hours.

4. COVID-POSITIVE

If your child tests POSITIVE for COVID-19, you must do the following:

1. Inform the nurse and the director.
2. Isolate your child at home and away from others for 5 days, with the day of the test and/or the START of symptoms as day 0.
3. **Exit isolation and return to school on day 6 if:**
 1. Your child tests negative for COVID on an at-home antigen test
 2. Your child has been fever free for 24 hours without the use of fever reducing medication.
 3. Your child feels better and symptoms are gone/greatly improved.
4. Students must meet all three (3) of the above criteria to return to school on or after day 6.

If you child continues to test positive:

1. They are not clear to return to school prior to day 11 (10 full days of isolation) without proof of a negative antigen test.
2. Your child can return to school once they meet the above three criteria OR complete 10 full days of isolation, returning on day 11 if they continue to test positive.

When testing your child to return to school, test results must be sent to your child's school nurse and director. **Please write your child's full name and the date directly on the test.**

5. TESTING YOUR CHILD FOR COVID-19

SELA does not offer antigen testing or tests to be given out at the school. Individuals wanting or needing to test for COVID-19 are responsible for obtaining their own test. Antigen tests can be purchased fairly inexpensively at most drug stores, convenience stores and even many grocery stores and department stores (Target, Walmart, Stop and Shop).

In addition to the above, US households can order 4 free COVID tests by ordering through this link:

<https://www.covid.gov/tests>

These tests will begin shipping out in early October to those who order.

If you are sending your child's test results to the school nurse, please write your child's full name on the test and the date and email to your school nurse.

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