



SELA: The International Private School

Hingham Location
Extracurricular Activities
2023-2024

General Information

SELA: The International Private School takes great pride in offering Extracurricular activities that allow students to showcase and practice a wide range of different skills. Extracurricular Activities are available to students in Elementary School K-6 as well as in JuniorK & Preschool.

Who to Contact

Alexandra Perry: Director of Admissions

Admissions@suescuela.com ; 781-741-5454 ext. 603

Please contact Alex with any questions regarding registration for programs.

Constanza Paredes: AfterSchool & Extracurricular Activities Coordinator

AfterSchool@suescuela.com ; 781-741-5454 ext.606

Coni is happy to be the main contact for families once registered for the program. She will keep families updated on class updates and/or changes throughout the year. Please feel free to reach out to her with any questions you may have about the Extracurricular Activities.

Instructors

Extracurricular Activities are hosted by SELA teachers, or by local industry professionals contracted by SELA.

Cancellation Policy

1. Due to any weather cancellations, programs could be scheduled for a make-up class that extends beyond the original end date, or at an indoor location. No refunds or credits will be given to those unable to attend make-up dates.
2. In the event that the instructor is unable to attend a class, parents will be notified by the school as soon as possible. Students will need to be picked up at their regularly scheduled time. A make-up class will be offered, but it may be on a separate day.
3. SELA does not offer refunds for these programs once registration is complete.

How to Register

Registration for all programs is included within the course descriptions and is processed through the online site, CampBrain. Payment in full is required at the time of registration, and all payments are made through this registration site.

Media Release

By registering for Extracurricular Activities at SELA, I am giving permission for the instructor of this class and/or SELA to take photos and/or videos of my child during class to be used for marketing and promotional materials.

Class Locations

Most of SELA's Extracurricular activities take place here at SELA in one of our Elementary Classrooms on the 2nd floor. Some Programs may be held offsite at a location more appropriate for the type of activity. For JrK students registering for a class held in an elementary classroom, a specific consent form is required upon registration.

Weekly Extracurricular Activities Schedule

	Mondays	Tuesdays	Wednesdays	Thursdays
Jr & K	Art Music Exploration	Music Exploration	Yoga	Science
Preschool	Soccer			
1st - 5th	Robotics	Art	Nature Explorers (<i>Oct-Jan</i>)	
K - 5th			*Play Practice (<i>Feb - May</i>)	
JrK - 5th		Cardio-Pickle		
3rd - 5th		Mathletes		

STEM: Science, Technology, Engineering, and Mathematics



Science Club

Robotics, Science Club, and Math League

SELA Mathletes

One more time! SELA is offering one of the most popular programs, "The Science Club". This is a program that captivates and involves a variety of teaching strategies, emphasizing on experimentation and making projects, as base points for learning scientific concepts. Within the program, students will design, expand, and develop the scientific learning process in fun and meaningful ways. In addition to being associated with the SELA science curriculum, this program is also taught in Spanish, which promotes the practice and support of their second language.

Register: [HERE](#)

Cost: \$216 per session

Language: Spanish

Location: SELA Elementary Science Lab

Instructors: SELA Science Teacher Leo Carvajal

Schedule: Thursdays 3:15-4:00

Grades: JrK & K

Max # of students: 10

Session 1: Oct 5, 12, 19, 26, Nov 2, 9, 16, 30, Dec 7, 14, Jan 4, 11

Session 2: Feb 8, 15, 29, March 7, 14, 21, 28, April 4, 11, 25, May 2, 9

SELA's Mathletes League was created to gather grades 3-5 students who have a passion for math and academic competition! Once registered, students will partake in multiple study sessions preparing them for the online, Euler Division of the Pi Math Contest. During their time spent in the Mathletes League, students will be able to take advantage of a multitude of math practice tests and resources while reinforcing study, life, and teamwork skills alike. The instructor, Ms. Guilbert is the upper level math teacher at SELA. She is excited to foster grades 3-5 students' love of math by hosting Mathletes this year! She hopes to extend upon the unique and rigorous curriculum that SELA offers in a competitive and engaging way. "Math has always been my favorite subject, and I feel so lucky to have had the opportunity to teach it to your children!"

Register: [HERE](#)

Cost: Free!

Language: English

Location: SELA Technology Lab

Instructor: Kate Guilbert

Grades: Grades 3rd - 5th

Schedule: Tuesdays 3:15-4:00

Dates: Feb 6, 13, 27, March 5, 12, 19, 26

Robotics Club



Robot Engineers! (Hands-on robotics and coding)

John Giarrantana, owner, and founder of STEM Cell Robotics brings his fun and interactive robotics program to SELA for a fifth year!

We have combined our most popular robotics workshops to deliver an epic STEM experience that will expose young learners to robotics, engineering, and coding. Students will construct functioning LEGO robots, learn to code interactive projects with Root Robots and Mbots, and experiment with a variety of sensors as they work through fun activities. Sessions 1 & 2 have unique lessons and activities.

Register: [HERE](#)

Cost: \$400 per session

Language: English

Location: SELA Elementary Classroom

Instructors: John Giarrantana

Grades: 1st-5th

Max # of students: 15

Schedule: Mondays 3:15-4:00

Session 1: Oct 2, 16, 23, 30, Nov 6, 13, 20, 27, Dec 4, 11, 18, Jan 8 (12 classes)

Session 2: Feb 5, 12, 26, March 4, 11, 18, 25, April 1, 8, 22, 29, May 6 (12 classes)

Nature Explorers

This year, SELA is proud to offer a new Spanish immersion program called "Somos Naturaleza", Nature Explorers, where the science class will venture outdoors and use the materials found in nature to expand their scientific learning. With the help of their senses and scientific tools, students will explore the natural world, investigate environments, and learn about a variety of organisms that inhabit it. Students will also learn about the importance of taking care of the environment while also learning best practices to avoid interfering with organisms in their natural environment. If your child likes being outdoors all day, and has a deep connection with nature, this is the program for you!

Register: [HERE](#)

Cost: \$126

Language: Spanish

Location: SELA Elementary Science Lab

Instructors: SELA Science Teacher Leo Carvajal

Schedule: Wednesdays 3:15-4:00

Grades: 1st-5th

Max # of students: 15

Session 1: Oct 4, 11, 18, 25, Nov 1, 8, 15, 29, Dec 6, 13, 20, Jan 3

Session 2: N/A

For more information or to enroll, contact Alex at admissions@suescuela.com or call 781.741.5454!

ART Program

Art Club, Music Lessons, and Theater



Music Exploration

This year SELA is innovating classes to bring students closer to different areas of interest. SELA's musical exploration program is based on the power of Music & Rhythm as the essential foundation for the development of essential skills of interest, curiosity, expression, laterality, movement, independence, musical preferences, and discovery. Students will use everything from musical instruments, balls, games, songs, dances, and a lot of creativity. This class will have children smiling and having fun. SELA's Elementary teacher, Soledad

Register: [HERE](#)

Cost: \$250 per session

Language of Instruction: Spanish

Location: SELA Elementary Classroom #1

Instructor: Soledad Garcia

Max # of students per class: 10

Grades JrK & K: Mondays 3:15-4:00 Music Exploration

Session 1: Oct 2, 16, 23, 30, Nov 6, 13, 20, 27, Dec 4, 11, 18, Jan 8

Session 2: Feb 5, 12, 26, March 4, 11, 18, 25, April 1, 8, 22, 29, May 6

Grades JrK & K: Tuesdays 3:15-4:00 Music Exploration

Session 1: Oct 3, 10, 17, 24, Nov 7, 14, 21, 28, Dec 5, 12, 19, Jan 2

Session 2: Feb 6, 13, 27, March 5, 12, 19, 26, April 9, 23, 30, May 7, 14

This year SELA's art program seeks to introduce students to new artistic techniques and show them ways to apply them using their creativity and imagination.

Our youngest artists will practice using their experiences, feelings, and ideas with visual representation through their art. Students will use their imagination as a source of inspiration and a tool to express themselves while using various media such as drawing, coloring, painting, collage making, modeling clay & sculpture and our older students will be introduced to materials like textiles and printmaking. Our oldest artists will be introduced to different artistic concepts and genres. Students will learn about different artists and art movements that are prominent in today's art world.

Lessons will be sensory-delivered and will rely on how students connect with nature and the natural world. The main focus will be for our artists to experiment with these tools that will allow them to create works of art that are meaningful, unique, and personal to themselves as artists.

Register: [HERE](#)

Location: SELA Elementary Art Classroom

Language of Instruction: English

Instructor: Katie Punchard

Grades JrK & K: Mondays 3:15-4:00

Max # of students per class: 10

Cost: \$170 session 1 - \$100 session 2

Session 1: Oct 2, 16, 23, 30, Nov 6, 13, 20, 27, Dec 4, 11, 18, Jan 8 (12 classes)

Session 2: Feb 5, 12, 26, March 4, 11, 18, 25 (7 classes)

Grades 1st-5th: Tuesdays 3:15-4:00

Cost: \$170 session 1 - \$100 session 2

Session 1: Oct 3, 10, 17, 24, Nov 7, 14, 21, 28, Dec 5, 12, 19, Jan 2 (12 classes)

Session 2: Feb 6, 13, 27, March 5, 12, 19, 26 (7 classes)



Theater

SELA students all participate in the theater and music program throughout the school year.

Elementary students (grades K-6) have several large performances during the school year such as Hingham's Christmas in the Square & Chinese New Year, and the culmination event of the "Year End Performance." Elementary "Year End Performance" auditions being in January, practices begin in February, and the Performance is in May.

For all EGE students (Infants, Toddler, Preschool, JuniorK), practices occur during class times and the Performance is on June 6, 2023.

Ages: All students at SELA

Cost: free!

Language of Instruction: Spanish & Mandarin

No Registration Required as all students participate!

Athletics and Mindfulness



Soccer, Yoga & Tennis



SELA this year is very eager to present a new sports program for its Early Global students.

Our Soccer program is aimed for preschool students and has the objective of promoting the practice of physical activity and developing sports skills early in life. Students will learn the delivery of basic technical fundamentals of soccer, such as driving a ball, passes, directed control, auctions, and more. Through SELA's soccer program students will learn to control their emotions, the acquisition of social skills and equality among their peers. Juan Carlos, SELA's Elementary P.E. teacher is excited to offer this class to our preschool students.

We invite your children to try this new sports program for the autumn-spring season!

Register: [HERE](#)

Cost: \$160 per session

Location: SELA Elementary Field or EGE Gym if rain

Language of Instruction: Spanish

Ages: Grades Preschool

Schedule: Mondays 3:15-4:00

Instructor: Juan Carlos

Max # of students: 10

Session 1: Oct 2, 16, 23, 30, Nov 6, 13, 20 (7 classes)

Session 2: March 25, April 1, 8, 22, 29, May 6, 13 (7 classes)

Pamela Soto is a former Preschool teacher who has now been involved with children's yoga for about 7 years is happy to host another year of yoga!

Pam received her Children's Yoga Teaching certificate through Cardio Kids Yoga in 2017 as well as her 200 hour Vinyasa certificate through Yoga Six in 2020. She currently works at Yoga Six Kingston as a yoga instructor as well as many South Shore schools and Studios creating unique classes for children of all ages. Pam taught SELA's Yoga class last year and is very excited to return for this year!

Register: [HERE](#)

Ages: Grades JrK & Kindergarten

Cost: \$140 per session

Location: SELA EGE Classroom

Language of Instruction: English

Instructor: Pamela Soto

Schedule: Wednesdays 3:15-4:00

Max # of students: 10

Session 1: Oct 4, 11, 18, 25, Nov 1, 8, 15, 29, Dec 6, 13, 20, Jan 3 (12 classes)

Session 2: Feb 7, 14, 28, March 6, 13, 20, 27, Apr 3, 10, 24, May 1, 8

Cardio-Pickle

Expose your child to a game they can grow old with, while having loads of fun!

At SELA's cardio-pickle your child will be introduced to the basics of pickleball, including strokes, form, and footwork through a wide variety of pickle related games and drills, all while enhancing their Spanish language skills.

Classes are offered by Molly Meyers, an experienced tennis and pickle instructor who is also fluent in Spanish. She has been teaching for 5 years and played tennis at the collegiate level. She loves teaching children and provides a fun environment for your child. Her goal is to spark an interest in pickleball, and all racquet sports, through fun games, a few drills and exercise.

If families do not have access to pickle racquets, we can provide one to you.

Thank you so much and hope to see your children very soon!

Register: [HERE](#)

Ages: Grades JrK – 5th

Schedule: Tuesdays 4:45-5:45pm

Cost: \$180 per session

Location: SELA's backfield

Language of Instruction: Spanish

Instructor: Molly Meyers

Min # of students to run program: 4

Session 1: Oct 3, 10, 17, 24, Nov 7, 14, 21 (7 classes)

Session 2: March 26, Apr 9, 23, 30, May 7, 14, 21 (7 classes)

For more information or to enroll, contact Alex at admissions@suescuola.com or call 781.741.5454!