



SELA: The International Private School

Norwell Location

Extracurricular Activities

2023-2024

General Information

SELA: The International Private School takes great pride in offering Extracurricular activities and that allow students to showcase and practice a wide range of different skills. Extracurricular activities are available to students in Elementary School K-6 as well as in the JuniorK & Preschool.

Who to Contact

Alexandra Perry: Director of Admissions

Admissions@suescuela.com ; 781-741-5454 ext. 603

Please contact Alex with any questions regarding registration for programs.

Stacy Dooley: Norwell EGE Director

egenorwelldirector@suescuela.com; 781-741-5454 ext.706

Stacy will be the main contact for families once registered for the program. She will be keeping families updated on any class updates and/or changes throughout the year.

Instructors

Extracurricular Activities are hosted by SELA teachers, or by local industry professionals contracted by SELA.

Cancellation Policy

1. Due to any weather cancellations, programs could be scheduled for a make-up class that extends beyond the original end date, or at an indoor location. No refunds or credits will be given to those unable to attend make-up dates.
2. In the event that the instructor is unable to attend a class, parents will be notified by the school as soon as possible. Students will need to be picked up at their regularly scheduled time. A make-up class will be offered, but it may be on a separate day.

How to Register

Registration for all programs is included within the course descriptions and is processed through the online site CampBrain. Payment in full is required at the time of registration, and all payments are made through this registration site. Note that there are no refunds for these programs once registration is complete.

Media Release

By registering for Extracurricular Activities at SELA, I am giving permission for the instructor of this class and/or SELA to take photos and/or videos of my child during class to be used for marketing and promotional materials.

Class Locations

SELA Norwell Extracurricular Activities are all held on site at the Norwell location in the classrooms or in the gym.

Weekly Extracurricular Activities Schedule

Mondays: 3:15-4:00 Yoga class for Preschool & JuniorK

We are looking forward to hosting Ypga class at SELA's Norwell location, and hopefully adding more options for the 2024-2025 School Year!

Athletics and Mindfulness



Pamela Soto is a former Preschool teacher who has now been involved with children's yoga for about 7 years is happy to host another year of yoga!

Pam received her Children's Yoga Teaching certificate through Cardio Kids Yoga in 2017 as well as her 200 hour Vinyasa certificate through Yoga Six in 2020. She currently works at Yoga Six Kingston as a yoga instructor as well as many South Shore schools and Studios creating unique classes for children of all ages. Pam taught SELA's Yoga class last year and is very excited to return for this year!

Register: [HERE](#)

Ages: Grades Preschool & JuniorK

Schedule: Mondays 3:15-4:00

Cost: \$140 per session

Location: SELA EGE Classroom

Language of Instruction: English

Instructor: Pamela Soto

Max # of students: 10

Session 1: Oct 2, 16, 23, 30, Nov 6, 13, 20, 27, Dec 4, 11, 18, Jan 8 (12 classes)

Session 2: Feb 5, 12, 26, March 4, 11, 18, 25, Apr 1, 8, 22, 29, May 6 (12 classes)